

Sand Harbor

Lake Tahoe, Nevada

Viewed from above, Lake Tahoe's Sand Harbor resembles half a heart, and it is indeed a place a SUPer can love. As its name implies, a delightful beach welcomes families, picnickers and lake-likers of many ilks — swimmers, kayakers, snorkelers and more, including those of us who can't imagine why everyone isn't doing what we're doing on our stand-up boards.

On the beach is a pavilion with a central grill, a fire area and running water. Walking trails lead to hilltop lookouts, from which photographing your fellow paddlers leads to picture-postcard images. Shots are most dramatic before 10 a.m., when the rising sun is spilling over the lake, and after 4 p.m., with paddlers in silhouette. To avoid frostbitten fingers, you probably should take »



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» those shots May through September.

Paddling out from the boat ramp north of the main parking area, follow the rock line around to the left to Diver's Cove, where the backdrop of the Sierra, often snowcapped, provides a serene scene. Proceed further to the left, and after about three-quarters of a mile you'll end up at Sand Harbor's main beach, a haven for summertime beach-goers.

A favorite paddle destination, the Hyatt Regency, is three miles up the coast to the north. To make the trip fully worthwhile, head out midmorning and savor lunch an hour later at the Lone Eagle Grill. You can land your board right on the beach, indulge your well-earned appetite, then burn off the brand-new calories as you head back to Sand Harbor. »



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A FEW THINGS TO KNOW ABOUT SAND HARBOR:



Sand Harbor is located on Highway 28 about ten miles north of the Hwy 50 junction at Spooner Summit, two and a half miles south of Incline Village, Nevada. There are two entrances, with the northern one reserved for boaters.

During peak season, arrive before 10:30 a.m. or after 3 p.m. Otherwise, the main parking area is likely to be full, and the lot closes. Parking rates range from \$7 to \$12, depending on when you visit.

Dogs are not permitted, and the barbeque areas are reserved for groups.



WHERE TO STAY

Ferrari's Crown Resort
 North Lake Blvd.
 Kings Beach CA 96143
 800.645.2260 / 530.546.3388
 info@tahoecrown.com

WHERE TO EAT

Either bring your own and make a day of it or stash your cash or credit card in a waterproof bag and paddle up to the Hyatt Regency.
Lone Eagle Café
 989 Incline Way
 Incline Village, NV 89451
 775.832.0220

BOARD RENTALS

Tahoe Paddle and Oar at Kings Beach
 8299 North Lake Blvd.
 Kings Beach, CA 96143
 530. 581.3029